Barry S. Sobel

Partner

Roseland

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- Complex matrimonial and family law litigation
- Supports clients on issues related to divorce, alimony, child support and custody, equitable distribution, and post-judgment modifications
- Provides comprehensive representation, from initial consultation through post-judgment issues

Barry is a litigator who represents clients in complex family law matters. His work encompasses a broad range of issues, including those related to divorce, alimony, custody, child support, and the equitable distribution of assets. Barry provides counsel on both the financial and non-financial elements of family law concerns, including those related to cohabitation, retirement, domestic violence, and child relocation.

Barry takes a hands-on approach and is an aggressive advocate for his clients' interests. He handles all aspects of the litigation process, from initial consultation to pre-trial preparation and negotiation, through trial and post-judgment issues.

Areas of Focus

Practice Areas

- Family Law

- Alimony
- Child Custody
- Child Support
- Divorce
- Domestic Violence
- Equitable Distribution
- Palimony
- Post Judgment Modifications
- Prenuptial Agreements
- Relocation, Retirement, Cohabitation & Other Special Considerations

Industries

- Private Clients

Credentials

Bar Admissions

- New Jersey, 2012
- New York, 2014
- U.S. District Court, District of New Jersey, 2012

Education

- New York Law School, J.D., *cum laude*, 2011
- University of Maryland, B.A., 2008

Recognition

- Listed in *Best Lawyers: Ones to Watch* (a trademark of Woodward/White, Inc.) in the Family Law practice area (2021 - 2025)

Other Experience

- Essex County Matrimonial Early Settlement Panel Volunteer Panelist
- Former judicial intern to The Honorable Frank M. Ciuffani, New Jersey Superior Court, Middlesex County, Chancery Division (2010)
- Former judicial intern to The Honorable Freda L. Wolfson, United States District Court, District of New Jersey (2009)

Affiliations

Memberships

- New Jersey State Bar Association: Family Law Section, Executive Committee
- *New Jersey Family Lawyer* Magazine, Associate Editor
- Barry Croland Family Law American Inn of Court

Personal

- While attending law school, was Senior Staff Editor at the *New York Law School Law Review*
- Member, National Society of Collegiate Scholars and National Scholars Honor Society

Insights & More

Announcements

Greenbaum, Rowe, Smith & Davis Promotes Two Attorneys to Partnership
12.31.24

2025 Edition of Best Lawyers Recognizes 56 Attorneys in 39 Practice Areas: Ten Greenbaum Lawyers Recognized on "Ones to Watch" List; Three Selected for "Lawyer of the Year" Recognition
8.14.24

2024 Edition of Best Lawyers Recognizes 59 Attorneys in 38 Practice Areas: Twelve Greenbaum Lawyers Recognized on "Ones to Watch" List; Five Selected for "Lawyer of the Year" Recognition
8.16.23

2023 Edition of Best Lawyers Recognizes 51 Attorneys in 36 Practice Areas: Nine Greenbaum Lawyers Recognized on "Ones to Watch" List; Seven Selected for "Lawyer of the Year" Recognition
8.17.22

Client Alerts

When it Comes to Custody Issues, Smoking Pot is Not Necessarily a Smoking Gun
8.16.21

The Continued Confusion of Cohabitation Post-Landau: A Recent New Jersey Appellate Division Ruling Provides Further Guidance
7.14.21

Publications

Cross-Examination Techniques for Financial Experts
December 2023

Deposition Tips for Young Lawyers
June 2023

Survey of Post-2014 Amendment New Jersey Cohabitation Cases
January 2023

Seminars & Events

Hot Tips in Family Law 2026 – The Essential Ethics Update
11.11.26

2026 Jeffrey P. Weinstein Family Law Institute
8.11.26

The Fab Four and Lepis – Hot Tips for Navigating the Many Areas of Post-Judgment Family Law Practice
11.11.25

Family Law Hot Tips - Let's Talk About Tech
10.13.24

2024 Jeffrey P. Weinstein Family Law Institute
9.23.24

2023 Jeffrey P. Weinstein Family Law Summer Institute
7.24.23

2022 Family Law Summer Institute
7.25.22

2021 Family Law Summer Institute
7.26.21

2020 Family Law Summer Institute
7.20.20