Dina M. Vanides

Partner

Practice Leader | Family Law

Roseland

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- Experienced matrimonial attorney who balances formidable courtroom advocacy with specialized training in mediation and collaborative law
- Provides empathetic and insightful support in all aspects of family law, including divorce, alimony and child support, custody and parenting time, distribution of marital assets, and post judgment modification and enforcement
- Has achieved considerable success in obtaining optimal results for numerous clients through the resolution of disputes without traditional litigation

Dina is an accomplished matrimonial attorney who has dedicated her legal career exclusively to the complexities of divorce and family law. She is a versatile advocate for her clients, who include high-net-worth individuals. She is a tenacious litigator who is also a highly trained family collaborative lawyer and mediator.

Dina's practice encompasses the full spectrum of family law, with a focus on helping clients navigate the life-changing transitions of divorce. She provides incisive counsel on alimony and child support, custody and parenting time, and the strategic and equitable distribution of marital assets and liabilities. Her expertise also extends to post-judgment matters, ensuring the long-term enforcement and modification of existing court orders.

Recognizing that the best outcome is often one crafted by the parties themselves, Dina is a strong advocate for alternative dispute resolution as an alternative to traditional matrimonial litigation. She has achieved considerable success in obtaining optimal results for many clients by pursuing a "mediation-first" philosophy,

utilizing her collaborative training to secure favorable settlements that avoid the cost and conflict of a trial. However, when litigation is unavoidable, she draws on her deep courtroom experience to protect her clients' rights and financial futures.

Areas of Focus

Practice Areas

- Family Law
- Alimony
- Child Custody
- Child Support
- Divorce
- Domestic Violence
- Equitable Distribution
- Palimony
- Post Judgment Modifications
- Prenuptial Agreements
- Relocation, Retirement, Cohabitation & Other Special Considerations

Industries

- Private Clients

Credentials

Bar Admissions

- New Jersey, 1998

Education

- Seton Hall University School of Law, J.D., *cum laude*, 1998
- Fairleigh Dickinson University, B.A., *magna cum laude*, 1993

Recognition

- Listed in *The Best Lawyers in America* (a trademark of Woodward/White, Inc.) in the Family Law practice area (2020 – present)
- Listed in *Super Lawyers – New Jersey Rising Stars* (a Thomson Reuters business) (2006, 2007)
- Martindale-Hubbell Peer Review Rated AV Preeminent (a trademark of Internet Brands, Inc.)

Clerkships

- Former law clerk to The Honorable Herbert S. Glickman, New Jersey Superior Court Judge (1999 - 2000)
- Former law clerk to The Honorable Thomas P. Zampino, New Jersey Superior Court Presiding Judge (1998 - 1999)

Affiliations

Memberships

- New Jersey State Bar Association: Family Law Section
- Morris County Bar Association: Women Lawyers Committee
- Essex County Bar Association: Family Law Committee; Family Bench/Bar Committee; Ethics and Due Diligence Committees (former member)
- Barry Croland Family Law American Inn of Court

Insights & More

Announcements

Greenbaum Announces New Leadership Roles for Jemi Lucey and Dina Vanides in Employment & Family Law Practices
9.23.26

2027 Edition of Best Lawyers Recognizes 50 Attorneys in 38 Practice Areas
8.20.26

2026 Edition of Best Lawyers Recognizes 54 Attorneys in 41 Practice Areas: Eight Greenbaum Lawyers Recognized on “Ones to Watch” List
8.21.25

2025 Edition of Best Lawyers Recognizes 56 Attorneys in 39 Practice Areas: Ten Greenbaum Lawyers Recognized on "Ones to Watch" List; Three Selected for "Lawyer of the Year" Recognition
8.14.24

2024 Edition of Best Lawyers Recognizes 59 Attorneys in 38 Practice Areas: Twelve Greenbaum Lawyers Recognized on "Ones to Watch" List; Five Selected for "Lawyer of the Year" Recognition
8.16.23

2023 Edition of Best Lawyers Recognizes 51 Attorneys in 36 Practice Areas: Nine Greenbaum Lawyers Recognized on "Ones to Watch" List; Seven Selected for "Lawyer of the Year" Recognition
8.17.22

Videos

The New Jersey Divorce Process: A Step-by-Step Legal Roadmap
7.01.26